# Listening in a Hectic World

Developing awareness to listen fully

#### **How You Will Benefit**

It's reality: In today's workplace, people must be able to quickly absorb and share an overwhelming number of messages each day. Human beings continue to be the richest and most insightful sources of knowledge and experience ... when time is allowed for exchange.

At a tactical business level, listening is a vehicle to get the information we need to accomplish our work objectives. In today's information-saturated work environment, everyone needs to be able to tune out the "noise" and tune in to what's important. At a more strategic level, effective listening is a powerful tool for maintaining the constructive relationships needed for ongoing job effectiveness.

The purpose of this module is to help participants focus their listening time and attention, so they can get the information they need to accomplish their work objectives and maintain constructive relationships with others.

## **Benefits of Enhanced Listening Skills**

A work place with a Problem-Solving environment will:

- Allows us to gather the information we need to make decisions in the most efficient way possible
- Demonstrates when it makes sense to take more time to listen to others ... and when should we cut to the chase
- Increases efficiency and production
- Has more participation and involvement between team members
- Allows us to quickly make our point

#### **Course Objectives**

At the completion of this module participants will increase their ability to:

- Make better decisions about how and when to spend their listening time and energy
- Demonstrate curiosity and openmindedness when listening to others
- Manage internal and external distractions more effectively

## **Course Objectives (cont.)**

- Identify the outcomes they are seeking in any listening interaction
- Listen to negative feedback nondefensively
- Manage the flow of conversation with someone who tends to get off track

#### **Key Topics Covered**

This course explores the following subjects in depth:

- Missed listening opportunities
- Applying the Key Actions for listening
- Deciding when to listen
- Managing distractions
- Demonstrating effective listening behaviours
- Keeping conversations on track
- Action planning for future listening opportunities

### What the Course Offers

- Experiential learning setting
- Opportunity to learn from others while applying the concepts in a risk-free environment
- Complete set of materials including participant guide, classroom videos and learning summary cards